

## Chapter 3 – The Tipping Point

- Describe yourself in terms of your roles, accomplishments, and activities that define you. Who would you be apart from these defining attributes?

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- Have you ever considered the ways in which your ego-self helps and hurts you? How did the fulcrum encourage you to look at yourself and your motivations in a new way?

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- How is the fulcrum in your life tipped at the moment? In which direction would you like to see the fulcrum tip? What might be required to weight your fulcrum differently?

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# Chapter 1 – Life Turns on a Dime

- Has your life ever “turned on a dime?” Describe your experience.

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- Have you ever met someone in Chester’s position? What was that like for both of you?

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- What did you find most challenging about what you read?

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- What did you relate to your own present experience?

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